

Freedom from Trauma [Seminar Version]

The Holy Spirit has revealed new information to set God's people free in this exciting time of the end. Trauma, from the simple kind to traumatic stress disorder, has no known cure. Traumas are open doors that allow Satan to push our emotional buttons and keep us from walking in our special anointing or calling as Christians.

The key to release from trauma is found in a holy day God gave to His people in His Word. (Although the anointing for trauma release is much stronger on that day, the blood of Jesus is available anytime for the breaking of trauma.) That holy day is the Day of Atonement the Jewish people today call Yom Kippur, a day of fasting. It contains special meaning for the release of God's people from trauma. It can set us free from sin, curses, sickness, poverty and a host of other "gifts" from Satan.

This day of fasting allows Satan's captives to go free. It reveals the devil's fate. It shows how God will take Satan out of the picture.

It is a day of oneness with God. That is why Satan has veiled the meaning and practice of this day. You see, it defeats Satan's plan.

Lev. 16 explains that two goats were involved in the ceremony of this day. The cloud of incense in verse 13 represents the sweet incense of intercessory prayer and praise and worship songs to God. The sprinkling of blood on the east side of the mercy seat by the High Priest (verse 14) is the acknowledgement of the coming of Jesus our High Priest as Divine Master to sit on that mercy seat. He would come to shed blood by submitting Himself to circumcision in order to fulfill the whole law so He could extend mercy to us.

Notice in verse 14 an amazing and overlooked fact: the High Priest sprinkled blood **seven times** in front of the mercy seat. The Holy Spirit has revealed that Jesus shed blood on seven different occasions in His atoning sacrifice. We shall see them later in the gospels. Jesus had to shed His blood seven times before His brothers could stand before Him at the mercy seat – in intimacy with Him and the Father in the Holy of Holies.

Verse 16 shows the High Priest making atonement for the holy place, the sins of Israel (meaning the believers), the sins of the nation and for the tent of meeting. This shows something quite important. The outer court represents those who have accepted Jesus as Savior. By this atonement they can eventually enter the Holy of Holies.

Accepting Jesus allows us as sinners on the outside of the temple to become saints by entering into the outer court. Water baptism by immersion and the baptism of the Holy Spirit allow us to enter the inner court. Finally, when we know how to use communion and the blood of Jesus, we can in so doing eliminate all that blocks us from entering the Holy of Holies. The blood of Jesus gives us power and access to this place of special intimacy with the Father. He is so holy that He cannot accept any demons in His presence. Curses on Christians involve demon influence and can only be broken, at least

the blood curses, by the blood of Jesus. The power of communion must be understood before we can enter that most holy place.

No one was to be in the tent of meeting until the High Priest came out. He had to be purified and present Himself first to God. Jesus did exactly that as High Priest. He told the disciples not to touch him after the resurrection until He had ascended to His Father to be officially accepted as the wave sheaf sacrifice for us.

The live goat that was killed in verse 20 represents Jesus. The live goat that was loosed to wander in the desert is Satan. All the sins were laid on him because he is the one who caused them all. He will be a wandering spirit in eternal darkness forever.

Verse 30-33 shows this day represented the freedom from all sins. All these sins, curses and traumas are gifts from Satan. We should not claim them as ours. God gave His Son to shed His blood so we would not have to accept them. We are free from all of sin's claim to our body and soul – all poverty, sickness, trauma, curses, spells, hexes, etc. Jesus' blood washes us, shields us and seals us.

This Day of Atonement is the fast par excellence – the fast God chooses in Isaiah 58:6. The “bonds of wickedness” are demon possession, influence and worship and the ways of the world. The *bands* of the yoke hold the yoke in place. They are curses, spells, hexes, incantations, etc. The “oppressed” include those burdened by trauma. The yokes are bad habits, addictions and presumptuous sins. The powerful results of this kind of fast are enumerated in verses 8-12.

This is the kind of fast Jesus did for forty days. It was obviously not to set Him free. After all, He was perfect. He fasted so *we* could be released. And He expects us to fast so others can be released and set free – both Christians and non-Christians.

Jesus' Perfect and Complete Atonement – The Seven Sheddings of His Blood

Jesus fulfilled Leviticus 16:14 by shedding blood seven times for us. And although the number of traumas he bore for us were not synonymous in every case with the seven sheddings of blood, there were also seven traumas.

1. He sweat blood on two occasions in the garden of Gethsemane before His death. Because they were both the literal sweating of blood from the pores and involved anxiety, they are counted in Leviticus 16 as one shedding. They do, however, represent different forms of traumatic anxiety. He foresaw in agonizing detail the terrible suffering He would soon undergo for all our sins. Also, He had to bear the entire trauma caused by the sin of the whole world throughout history, allowing us to claim our emotional healing. In addition, Jesus asked His disciples to support him with prayer and twice they failed, as we also let Him down by succumbing to the flesh and addictions. He thus bore our pain when our brothers betray us and let us down in our time of need.

2. (Luke 22:63-71) Jesus was mocked, beaten, slandered, lied about and rejected – by church people! He bore our pain when church leaders create more traumas than they heal.
3. They pounded three-inch-long thorns into Jesus’ head, down through the bone to bruise the brain. The healing of all mental disorders are included in this precious atonement.
4. They cruelly ripped out His beard (Isa. 50:6), causing massive physical trauma to the facial muscles, rendering Him totally unrecognizable (Isa. 52:14). This ripping out of the sign of his authority was the greatest shame for a man of that day.
5. (John 19:1) They whipped His back, removing the flesh off His bones, making the rib cage visible. By His stripes we claim healing of body and soul (I Pet. 2:24).
6. They nailed Him to the cross, ending the power of sin and death in our lives. His blood washed away our sin and gave us a shield of protection against the devil and his demons and all they want to bring upon us.
7. The seventh trauma preceded the seventh blood shedding and was the most traumatic of all, bearing the awful emotional pain of realizing the presence of His Father was no longer with Him because of the weight of the world’s sin upon Him. The Father is so holy that He cannot look upon sin. For the first time, He let out a wailing cry prophesied in Psalm 22. The last and seventh time Jesus shed His blood for us was not a trauma. He was already dead. They pierced Him through the spleen and heart so there was no way he could remain alive if he had survived. The blood poured out on the ground on the very land where traditions says Cain killed Abel, bringing a curse on the land. Golgotha, or the place of the skull, was indeed that – a place of death – where Jesus finally abolished death. This was apparently the spot from which Satan launched his first rebellion against God.

What Jesus Went Through to Set Us Free

The Holy Spirit has revealed 80 experiences Jesus went through in His lifetime as a substitution for us. He went through all these pains so we would be spared from them. I will list 31 of those experiences, followed by what He intended us to experience because of enduring these negative experiences.

Jesus took or endured so we could have...

1. **Temptation..... Victory**
2. **Accusation..... Purpose** in our lives
3. **Criticism..... Identity**
4. **Mocking Confidence**
5. **Dread (*foreknowing suffering* So He could be our **High Tower of Strength****
6. **Fear Peace**
7. **Infirmity (*beatings*)..... Healing**
8. **Guilt..... Innocence**
9. **Sin’s curse His righteousness**
10. **Sickness Wellness**

11. **Curse of the law** **Blessing and freedom**
12. **Poverty** **Wealth**
13. **Death** **Eternal life**
14. **Captivity** **Release**
15. **Wrath of God** **Forgiveness**
16. **Rejection** **Acceptance** as a child of God
17. **Abandonment** **Belonging** (Wrapped in God's arms)
18. **Martyrdom** **Brotherhood**
19. **Abuse** **Glorification**
20. **Humiliation** **Exaltation**
21. **Tears of pain** **Joy and unity**
22. **Sweating blood** **Justification**
23. **Agony** **Joy**
24. **Corruption of our old nature** **Control and free will**
25. **Outcast** **Adoption**
26. **Criticism** **Ability to walk in boldness**
27. **Betrayal** So He could show Himself **Loyal** to us
28. **Loss** (*those He loved left him*) **Fullness**
29. **Spat upon** **Gift of prophecy** (Spit = negative prophecy for Jewish people at the time)
30. **Exposure** **Protection**
31. **Pains of birth** **Brotherhood**

Jesus did all this for us. Although not all of these pains involve the shedding of blood – as the seven blood traumas He endured on His last day – they were all traumatic experiences He went through as a substitute for us.

Why did He do it? He did it so **Satan's gates to our past pains would be closed.**

And this brings us again to the **definition** of trauma: it is the **key Satan uses to cause certain arranged emotional responses in us.** Although it is not the same thing as being demonized – being influenced by demons – it leaves an **open door** for Satan to **push our buttons – to affect us in areas of our mind and heart that have been sensitized by bad experiences.** To do this he uses his demons. While they don't take hold of our mind, they do have the **legal right to push our buttons.** He uses principally the agents of the **spirit of fear – a spirit who has been given tremendous power since September 11, 2001 – even in the lives of some Christians.** Satan is using this to intensify and activate traumas.

Trauma is a **doorway into your mind for Satan to get us to move in a certain direction. He will get us to say things over ourselves about our past. There is power in our words and these words can allow demons to influence us.** For example, if a woman was raped, she may say, "No man will ever want me. I'm soiled, used." She thus curses herself so she will indeed not be wanted. The spirit of "unwantedness" and his agents have legal right to pester her and enforce this curse. So trauma is a doorway that permits Satan to control our emotions and broadcast **his thoughts** into our minds.

Every trauma creates a **unique pain**. **Satan knows which buttons to push to bring those back to us**. This causes us to **relive over and over again in our mind these bad experiences**. **As he activates the pain memory, he adds to them each time, and he twists them to add things in we wouldn't expect**.

For example, if you were raped, every time the subject of rape is brought up or you hear of a rape, you experience the feeling of emotional pain you felt. And Satan may throw in a feeling of rejection or shame from some other trauma so the trauma will grow to become a traumatic stress disorder that **paralyzes you**. You will not even be able to pray, study or take communion.

Satan will make you as a rape victim feel dirty, abandoned, hated and hopeless. In addition, he will push your buttons to encourage you to speak these things out as curses over yourself.

Traumas cause your defenses to fall apart. You will tend to speak carnally and walk in the flesh – unable to speak God's Word over yourself.

The most important effect of trauma is this: **traumas allow sickness to come upon you because the pain blocks the joy of Jesus** from having a permanent home in your soul. You keep rejecting the joy of God because you keep reliving these pains. These traumas can make you feel unwanted and depressed. They steal your joy – and thus your strength. The joy of Jesus is your strength! When Satan steals that, you are left weakened in every way – an easy target for the enemy.

The Four Types of Trauma

There are four types of trauma: **simple trauma, traumatic stress, traumatic syndrome and traumatic stress disorder**. **And apart from Jesus, there is no known cure for trauma**. Years of counseling only allow you to talk about the problem. They offer no solution. Only the **blood of Jesus** can erase the effects of trauma.

Let's begin with only a few examples of **simple trauma (1-50 on the trauma scale)**. Note that even these simple traumas are cumulative. They can add up quite fast. Once you exceed 100 on the trauma scale, it becomes traumatic stress.

- Dropped as a child
- Parents lied to you (e.g. Santa Claus, Easter bunny)
- Hearing parents fight in anger
- Fight with a sibling or schoolmate, causing blood to flow
- Having something stolen from you
- Minor burn, even sunburn
- Unexpected bill (or more than you expected)
- Audit (40-50)

- Visit to doctor (often as much as 20)
- Part of a worm in your candy bar (or bug, hair, cigarette butt in salad) (Larry, Daryl and Daryl would probably complain that they didn't get the whole worm!). Sounds strange, yet creates internal pain
- Ridicule from a friend
- Loss of a pet (5-50)
- Lost when small (my Paul lost in mall, Place Laurier, trauma for me too)(50)
- Caught in a sin (hand in the cookie jar?) (35-50)
- Lying. You create your own trauma (10-50)
- Rushing (10 minutes to do something that takes an hour) (40-50)
- Having to make a decision you don't want to make
- Buying a needed item to find it doesn't work

Traumatic Stress (50-200)

- Physical abuse (punished for or accused of something you didn't do) (100+)
- Mental abuse (someone wears you down with negativity)
- Criticism (unjust criticism is worse, 250)
- Victim of animosity
- Financial loss (100-200); having wallet stolen
- Caught stealing (publicly)
- Fired from a job you don't really like
- Being told you need an operation
- Having a friend gossip or lie about you (150-250). Wears you down and keeps you from walking in your anointing or calling
- Falsely accused of something major
- Minor car accident
- Alone or lost in the woods or in a strange city (250)
- Trying to hide from God (250) (You may not be swallowed by a fish like Jonah. Whereas it was the fish that got indigestion in Jonah's trauma, it may be you that get indigestion. Seriously, hiding from God can bring on physical symptoms, as can most traumas.)
- Home or car vandalized
- Giving birth
- Married to a bully (male or female)
- Being drafted to go to war
- Living in denial
- Being bumped from a flight
- Having your luggage go astray (quite common – tell story)
- Bee stings (my wife- at 2, locked in car with bees). Swarming insects are servants of the spirit of betrayal. They sting and bite for a purpose – to stop you from walking in your anointing.
- Having bugs fall on you when in a light sleep (spider in your mouth)
- Bad dream (not nightmare)

Traumatic Syndrome (250-500) (Care by a doctor usually recommended)

- Severe burn
- Physical abuse causing long term injury
- Prolonged mental abuse. Living with a mate that hates you adds 250 on the scale every year you live with them.
- Abortion
- Unexpected death of a parent, grandparent or close friend
- Major accident causing severe injury
- Bankruptcy
- Being the victim of excessive punishment
- Being sexually molested (The trauma can block even the memory of the molestation, especially when it occurs to the very young. We deal with this kind of situation here, and the Holy Spirit brings forth the knowledge of the incident so it can be dealt with and the parties forgiven.)
- Fired from a job you love
- Being condemned by a pastor or church because of gossip (500) (This happened to me. The pastor even tried to curse me back into mental illness, which I had been healed of. The Holy Spirit revealed that his diabolical plan was to get me committed for life to Alberta Hospital. I thank God and my covenant brother, our apostle Gerald, who defended me and encouraged me. Without them, I could have been permanently institutionalized.)
- Long term illness
- Being victimized while helpless (tormented, raped, etc.)
- Being shot at
- Having a stillborn child (mental pain severe because of the guilt which often accompanies it, feeling you may have done something that killed the child)
- Being persistently cursed by a parent, mate or authority figure
- Being on an airplane that crashes
- Role-playing (putting on airs) and being caught at it
- Being attacked by a vengeful demon (bed rammed man into the ceiling – here)
- Poisonous snake bite (my father – black widow)
- Nightmare that keeps replaying (up to 500)
- Being told you have cancer or deadly disease
- Being caught in an animal trap
- Being poisoned
- Armed combat
- Being divorced by a cheating spouse (350-500)

Traumatic Disorder (500 and above, over 1000 usually causes mental incapacitation)

- Being burned over 50% of your body

- Loss of a limb
- Seeing a close friend or family member murdered
- Being accused of causing another's death
- Being accused of causing your parents to divorce (not referring to the common situation of a child blaming himself for the divorce)
- Being the victim of violent rape
- Being betrayed by a loved mate
- Being rejected by friends and family because of an illness. If you get an illness because of a trauma and you are under psychiatric care and your friends and family reject you because of it, it becomes a disorder. (This was my case.)
- Living through an illness that should have caused death (I was given three hours to live in 1986 as a pastor in Quebec City, almost a victim of Legionnaire's disease, were it not for the mercy of God.)
- Betrayed by a pastor on a confidential item. It can be so devastating that it can reach 1000 on the scale and can send a person to a mental institution.
- Having all your children die (even over a period of years)

I'm sure you have identified with a number of these traumas. The good news is this: there is a solution. That solution is the blood of Jesus. And in the second part of this teaching we will see that solution.

And the wonderful news is that God has a solution for all the traumas that every man, woman and child who have ever lived have experienced. Satan does not have the last word. God does.

He reveals that last word in the last book of the Bible – and almost the last chapter. When you read the end of the book, you know we win. Satan loses. His loss is bigger than you may have imagined.

In Revelation 20:1, we see an angel coming down from heaven having the key of the abyss and a great chain in his hand. That key is the blood of Jesus. The angel carries a vial of the blood of Jesus that opens the abyss. The angel binds Satan and throws him into the abyss. Then he uses the blood as a seal, which we do when we take communion. In this case it seals the abyss.

And what is the great chain that binds Satan? We may never have guessed what the Holy Spirit has revealed that chain to be.

That chain is made up of all the traumas Jesus experienced for us, and all our traumas that we have released to Jesus. God gathers them up to make a great chain that binds Satan, so that no matter which way he turns, he relives the pain he caused us! The angel shuts the abyss with the Word of God and seals it with the powerful blood of Jesus. There is power, power, power in the blood, as the song says –more power than we have probably imagined.

Sealed in the abyss by the blood of Jesus, the devil is bound by the weight of all the traumas he has caused us in our lives. Those traumas have weighed heavily on us, but they will one day weigh heavily on the one who put them on us.

End of Part I – In Part II, we will take communion to be free from trauma.

Communion Service for Release from Trauma

The first thing to remember is that trauma is not our possession. Satan gave it to us. So let's not claim it as ours. Some claim it as their identity. They worship it.

If that is your case – if you don't really want to be rid of trauma – please don't take this communion. You're mocking God. You are making light of what Jesus did for you. You are bringing judgment and curses on you from God if you partake of this communion and don't want to be free of trauma.

From what you have learned from this teaching, you will be able to spot Satan's attempt in the future to bring trauma into your life again. If a new trauma does enter because of circumstances, you can simply take this communion and be free from trauma.

Here are a few additional revelations regarding trauma that we can break off in communion and be sure to lay down to Jesus afterwards:

- Traumas relating to the cloak of invisibility
- Traumas relating to hopelessness
- Loss of a brother (deserting from the church)
- Loss of a brother (by death)
- Loss of a pet (stolen or killed)
- Loss of a pet (by death)
- Loss of a job (in these times of tribulation when finding another job becomes so much more difficult)
- Overcharging (taxes, overcharged for repairs, excessive waiting on repairs, repairs botched)
- Witnessing an accident in which someone dies or has bad injuries
- Curses from a father/grandfather (pleasant to your face but you find out he is cursing you behind your back; affects all other relationships)
- Police abuse (self or friends)
- Having your car towed away and impounded
- Breaking a tooth
- Having someone demand you help them when in a matter in which only God can help
- Being pushed to say something or decide something with no time to think or have peace in prayer

One word of caution: we should be careful not to invite traumas back into our lives by purposely reminding ourselves of our past traumas through books, movies, etc. Horror stories, for example, are designed to activate and reactivate trauma.

Communion is the only way to break the effects of trauma. Take it seriously, realizing the importance of the body and blood of Jesus in your life. Take *one minute of silence* to prepare, confessing and repenting of any sins so you may partake of communion with a clear conscience.

Sample prayer: Father, You are great. None compares to You, for You have seen our need before You spoke anything into existence. You knew us and knew we would need a way to close the doors that Satan would open. He wanted to confuse us and make us lose sight of Your plan for our lives. We ask You through this communion service to close the doors Satan has opened. We ask You to bless this bread and wine to be the body and blood of Jesus [Although this is not a physical reality, it is a spiritual one. There is power in the blood, not in wine or grape juice]. In Jesus' name, Amen. [We will break the bread, i.e. body, together; *wait* for the signal].

(After the bread/body is passed out) Father, we acknowledge that Jesus is our Divine Master and Savior and that His body was broken so we could be set free. As we take the body of Christ, we declare healing from all effects of trauma in our lives, in our bodies and in our souls, and we declare an end to the problems and curses these have brought into our lives. [If applicable, special personal "*Declaration for Integration of Multiple Personalities into Oneness in Jesus*" most effective on the Day of Atonement and second day during the Feast of Unleavened Bread]: I release all the demons attacking the multiple personalities attached to the real me. I call all these multiple personalities to accept Jesus as Savior and Restorer. They are hereby united to the real me. I choose to walk in Jesus' righteousness as one. My heart is united to reverence Your name, Yashua (Ps. 86:11). Thank You, Father. We now in unity *break the body* of Jesus in thanks to You, Father, for the freedom.

N.B. 1 drink only *(After the wine/juice, i.e. the blood of Jesus, is passed out)* Father, as we take the blood, we acknowledge Jesus as our Divine Master. Jesus, You are God. Now, please repeat after me the following words, saying each time, "**Jesus (Yashua), You are myGod, High Tower, Savior, Support, Rock, Deliverer, Avenger, Light, Path, Love, Bridegroom, Hope, Eternal Life, Substitute, Peace, Fullness, Delight, Thankfulness, Anointing, Sustainer, Partner, Friend, Strength, Power, Authority, Sabbath, Wholeness, Vindication, Helper, Claim, Redeemer, Blessing, Promise, Teacher of skills, Jealousy, Contender, Jerusalem (King of Peace for all my affairs), High Priest forever, Priestly King.** Jesus, You fill us with all the good things, and we thank You for that. We thank You for what You did leading up to the cross and on the cross. Thank You that You died for us, defeated Satan for us, rose from the dead and sit at the right hand of the Father for us. We thank you for all the freedom we have in You. Father, we thank You for the blood that frees us from traumas, that puts a seal over them. By the power of the blood, we declare freedom from trauma, freedom from backlash and backlash [sudden whip-like pain as a reprisal from Satan and demons] from Satan. We declare oneness in every way, especially oneness with You, our God. [Lifting glass] To the healing!

Closing Comments

We have taken the blood of life for our freedom. Let's walk joyously in that freedom. By this communion service, we make Jesus Divine Master in our life, to heal us, to change us, to enable us to grow and move forward, to walk in the anointing or calling He has given us. This is liberating knowledge.

We in Freedom Church of God have a special commission to set God's people free. All of us, of course, are called to show love to one another. We all do that in different ways according to our gifts and anointings. That's what makes us a body.

The eighty things Jesus did for us must not be for nothing. We must no longer allow trauma to keep us from walking in our anointing. We must not allow it to keep us from trusting the anointing of others in the body of Christ. The anointing you despise may be the one you most need. When receiving ministry or teaching from someone whom you do not know and yet have peace to receive their prayer, pray as follows: "Father, anything that is not of You shall pass over me, in Jesus' name." If you are not in a church where the pastor validates the anointing of others, find one that does. Many Christians worship their pastors more than Jesus, and too many pastors encourage such idolatry.

We activate our anointing by being quiet in Jesus – listening to Him. Spending five minutes a week meditating on eternity is a simple way to realize we need to be quiet and take time to listen to God.

He loves us and knows us more intimately than our lifetime mate. We need to spend time with Him and make daily declarations of our new identity in Jesus. We need to rejoice in the freedom we have from trauma and sin. We have been freed to walk boldly in our anointing. We can do it!